



Compassion, Confidence and Commitment for over 50 Years

### **ABDOMINAL SONOGRAM INSTRUCTIONS**

(LIVER KIDNEY, GALLBLADDER, AORTA, PANCREAS & RENAL & SPLEEN)

Please be sure to ARRIVE 10 minutes prior to your appointment time to update any demographic or insurance information.

Please be advised, if you arrive 15 minutes past your appointment time you may have to reschedule this appointment.

**\*\*Please keep in mind that you must have NOTHING to EAT including NO WATER, GUM OR CANDY 8 hours prior to the exam. Bring the script for the exam only if it's from an outside doctor. If your doctor is within our group, please make sure he/she has entered a script in your file prior to your appointment. \*\***

### **CAROTID SONOGRAM INSTRUCTIONS**

Please be sure to ARRIVE 10 minutes prior to your appointment time to update any demographic or insurance information.

Please be advised, if you arrive 15 minutes past your appointment time you may have to reschedule this appointment.

### **ENDOVAGINAL SONOGRAM INSTRUCTIONS**

Please be sure to ARRIVE 10 minutes prior to your appointment time to update any demographic or insurance information.

Please be advised, if you arrive 15 minutes past your appointment time you may have to reschedule this appointment.

Exam should be 7-10 days after the onset of your menstrual cycle.



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### **LEG SONOGRAM**

Please be sure to ARRIVE 10 minutes prior to your appointment time to update any demographic or insurance information.

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### **PELVIC SONOGRAM INSTRUCTIONS**

(BLADDER, OVARIES & UTERUS)

Please be sure to ARRIVE 10 minutes prior to your appointment time to update any demographic or insurance information.

Please be advised, if you arrive 15 minutes past your appointment time you may have to reschedule this appointment.

**\*\*\* YOU MUST DRINK 40-48oz of WATER (5-6 full glasses) 1 HOUR PRIOR TO EXAM. Please DO NOT VOID (URINATE). If you feel the need to void before your exam please inform the technician\*\*\***

### **RENAL SONOGRAM INSTRUCTIONS**

(KIDNEY)

Please be sure to ARRIVE 10 minutes prior to your appointment time to update any demographic or insurance information.

Please be advised, if you arrive 15 minutes past your appointment time you may have to reschedule this appointment.

### **TESTICULAR SONOGRAM INSTRUCTIONS**

Please be sure to ARRIVE 10 minutes prior to your appointment time to update any demographic or insurance information.

Please be advised, if you arrive 15 minutes past your appointment time you may have to reschedule this appointment.



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### **THYROID SONOGRAM INSTRUCTIONS**

Please be sure to ARRIVE 10 minutes prior to your appointment time to update any demographic or insurance information.

Please be advised, if you arrive 15 minutes past your appointment time you may have to reschedule this appointment.

### **THYROID BIOPSY INSTRUCTIONS**

Please stop aspirin, vitamin E, garlic, ginkgo, or blood thinners 1 wk prior.

### **BONE DENSITY INSTRUCTIONS**

Please be sure to **ARRIVE** 10 minutes prior to your appointment time to update any demographic or insurance information. Please note, if you arrive 15 minutes past your scheduled appointment time, there is a possibility your appointment will need to be rescheduled.

A Bone Density can not be rescheduling within 7 days after having any of the following tests:

- CT Scan
- Nuclear Medicine Test
- MRI w/ contrast
- Upper GI Series or Small Bowel Series

If you are pregnant or there is a possibility that you are pregnant a Bone Density should not be scheduled.

**\*\*Patients with ANY METAL PLATING located in their body MUST INFORM technician\*\***

Please do not wear any **METAL ITEMS (SNAPS, ZIPPERS) OR JEWELRY**. If possible please leave all jewelry at home. We suggest you wear sweatpants or pants without snaps & zippers, sweatshirt or T-shirt without buttons or zippers. Ladies can wear a sports bra or one without underwire.