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Press Release

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September 27, 2017 – For Immediate Release:

New Internist Joins Scarsdale Medical Group

Harrison, NY – Scarsdale Medical Group (SMG), a multi-specialty practice serving Westchester and Fairfield Counties and the surrounding Hudson Valley area, is happy to announce that internist Lidia Pousada, MD has joined their medical staff. She will begin seeing patients on October 2, 2017 in the Scarsdale office at 259 Heathcote Road.

Lidia Pousada MD enrolled in a six-year combined BS/MD program at City College of New York graduating with a BS and then completed her MD degree at New York Medical College. Following a summer fellowship program in geriatrics at New York University Medical School, Dr. Pousada completed a residency in internal medicine and primary care at Montefiore Medical Center. She is board-certified in internal medicine and geriatrics. Dr. Pousada is a fellow of the American Geriatrics Society and the American College of Physicians.

Dr. Pousada has held faculty positions at the Albert Einstein College of Medicine and City University Medical Center. She is currently an Associate Professor of Clinical Medicine at New York Medical College. Dr. Pousada has authored numerous publications, including books, articles and abstracts on a number of topics in geriatrics, emergency medicine and perioperative care.

Prior to joining Scarsdale Medical Group, Dr. Pousada directed several geriatric departments in hospitals throughout Westchester County and the Bronx. In addition, she has maintained a private practice since 1986. She is deeply committed to comprehensive health care and particularly enjoys solving complex medical issues with her patients, with whom she strives to

have a warm and personal relationship. Dr. Pousada is fluent in Spanish and speaks conversational Italian and French.

“We warmly welcome Dr. Lidia Pousada to Scarsdale Medical Group,” says managing partner Dr. Kenneth Croen. “By expanding our medical staff with highly skilled clinicians such as Dr. Pousada, we are better equipped to provide the highest level of quality care to those in our community.”

To make an appointment with Dr. Pousada call (914) 723-8100 or visit www.scarsdalemedical.com.

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