



### **Nutrition Counseling & Insurance Coverage**

Please call your insurance company to ask them the following questions to confirm coverage prior to your nutrition visit.

#### **What questions should I ask when calling my insurance company?**

##### **Do I have nutrition counseling coverage as part of my plan?**

If the insurance company asks you for a CPT code, please provide them with CPT code: 97802

##### **Will my diagnosis be covered?**

Coverage varies often by medical diagnosis.

Here are some examples of diagnosis:

Diabetes: E11.9

High Cholesterol: E78

Obesity: E66

Preventative Counseling: Z71.3

##### **How many visits do I have per calendar year?**

Many plans have an annual limit. Once you exceed your visits for the year, you will be responsible to pay out of pocket.

##### **Have I met my deductible?**

##### **Do I have a co-pay for nutrition counseling?**

##### **Do I need a referral for nutrition counseling?**

If you are not a current patient of Scarsdale Medical Group or White Plains Hospital, you **must have a referral** from your doctor. The referral should include the medical diagnosis with the corresponding diagnosis code.

**If you have Medicare, and you have a secondary insurance, you can call the secondary insurance to ask them the above questions. Medicare covers a limited number of visits, and ONLY covers nutrition counseling if the patient has been diagnosed with one of the following: **Diabetes or Kidney Disease**.** If the patient has an uncovered diagnosis, or exceeds the number of allowed visits, patients secondary insurance can be billed to determine if they will cover it. All Medicare recipients must have a signed ABN form on file prior to their nutrition session.

**Nutrition Counseling Rates:**

**Self- Pay (if Commercial Insurance does not cover)**

Consultation (CPT 97802) \$221.20

Follow Up (CPT 97803) \$110.60

**Medicare Rate (If Medicare does not cover diagnosis or visits are exceeded)**

Consultation (CPT 97802) \$172.60

Follow Up (CPT 97803) \$75.08

Patients are responsible for checking insurance coverage prior to their nutrition visit. Patients will be required to sign a “self-pay waiver” stating they are financially responsible for all services not covered and/or deemed not medically necessary by the insurance.