

Preparing for CAT Scan with Oral Contrast Exam

Oral Contrast Information:

- Obtain TWO (2) bottles of barium contrast from the CAT Scan department at least one day prior to your scheduled appointment.
- DO NOT eat or drink anything after midnight the night before your appointment or 6 to 8 hours before your exam, if later in the day.
- Medications may be taken with a sip of water. Consult with your primary care doctor.

Instructions:

- Drink the first bottle of oral contrast two hours prior to your scan.
- Start drinking HALF of the second bottle of oral contrast one hour prior to your scan.
- Bring the remainder of the contrast with you to your scheduled appointment.
- Please be sure to arrive at least 15 minutes prior to your scheduled exam time.

Oral Contrast Timeline:

	Done
_____ Start bottle 1 – drink <i>entire</i> bottle in 30 minutes	_____
_____ Start bottle 2 – drink <i>first</i> half	_____
_____ Arrive at CT Scan department	_____
_____ Drink <i>second</i> half of bottle 2 in the CT Scan room when instructed by the technician	_____
_____ Appointment time: exam performed	_____

*Oral contrast can be picked up in our radiology department at 600 Mamaroneck Avenue, Suite 102, Harrison, NY 10528 Monday through Friday between 8:30 a.m. to 4:30 p.m.
If your scheduled appointment is on a Monday morning, please pick up your oral contrast the week prior to your exam, no later than Friday.
Our CT Scan suite is closed on the weekends.

Test Location

600 Mamaroneck Avenue, Suite 102 | Harrison, NY 10528

Use the outside entrance on the side of the building **or** enter through the main lobby
(office is located to the right of the elevators)

(914) 723-8100